

# Meal Mats 1

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Sometimes learning a word is all about getting that one extra chance to hear it. Your baby's time in the high chair is a nice time to connect. He is attentive and calm for most of the meal. Okay, he is for some meals? You are close, things are quiet. These mats are for extra chances for talking and singing between bites.

Print the two sheets at the end of this activity onto cardstock paper so they will be sturdy. Cut out each of the shapes. Use stick glue to attach the two sides back to back. Now you need to take the mat to a business supply store and have them laminate it for you. When you trim the edge MAKE SURE YOU DON'T cut into where the paper is - leave a quarter inch of plastic around the edge of the mat. Now water can't seep in and ruin your nice new placemat for the high chair.



## MEAL MATS 1: SOUND ASSOCIATIONS

These mats have lots of objects that go with Learning to Listen sounds. These are great sounds to listen for and great sounds to say. Playing with these sounds will provide a great foundation for learning words and saying them later.

**GAME:** Try using small bits of cereal or raisins and give them to your child one at a time.

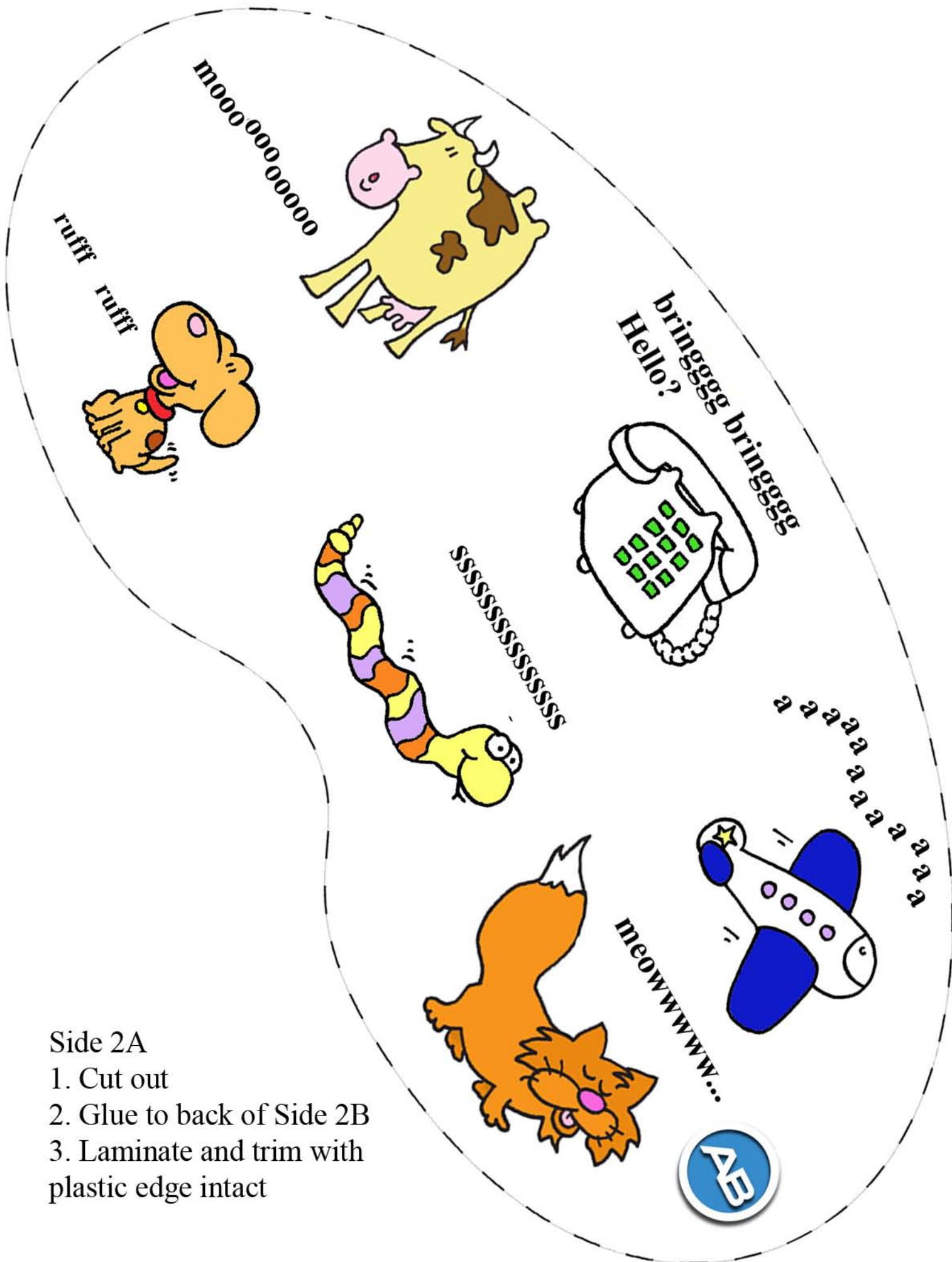
Ask "Do you want some more?"

and then take the food and slowly take it to the mat while saying one of the sounds.

Place the food on the object that matches the sound and then say it again as your child picks it up. Have Fun!



meal time: 6 months to 1 year



Side 2A

1. Cut out
2. Glue to back of Side 2B
3. Laminate and trim with plastic edge intact

Side 2B

1. Cut out
2. Glue to back of Side 2A
3. Laminate and trim with plastic edge intact

